

RELIEF IS JUST
THE BEGINNING



The Pavilion

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Scenic View Outpatient Surgery Center
Department of Gerald Champion Regional Medical Center



Most insurance accepted

For a consultation or more information,
visit us at:

Surgical Associates of Alamogordo


The Pavilion
2559 Medical Drive, Suite 3200
Alamogordo, NM 88310

Varicose Vein
TREATMENT

**SAY GOODBYE TO
VARICOSE VEINS**

*Restore the health and
beauty of your legs!*



 575-446-5365

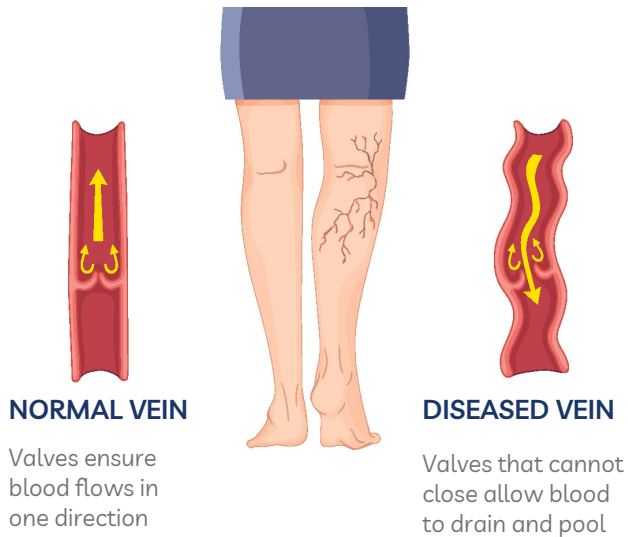
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Our Family Caring For Years

WHAT YOU SHOULD KNOW:

Varicose veins may be a sign of something more severe - **venous reflux disease.**



WHAT DOES THIS MEAN:

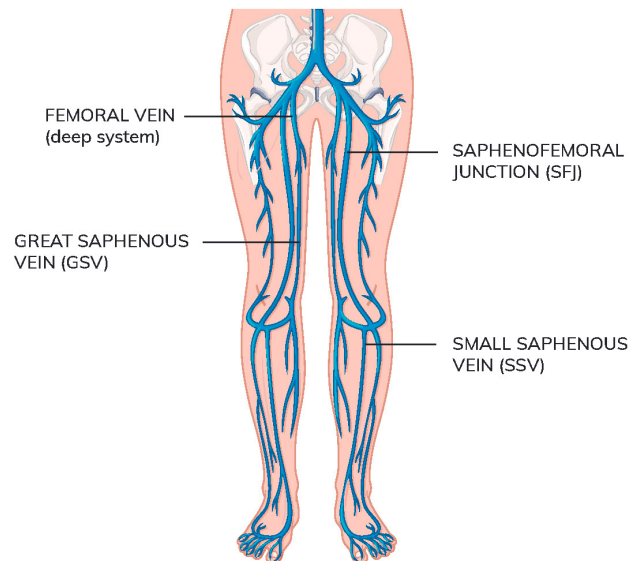
Healthy leg veins have valves that keep blood flowing to the heart. Venous reflux disease develops when the valves stop working properly and allow blood to flow backward (i.e., reflux) and pool in the lower leg veins.

If venous reflux disease is left untreated, symptoms can worsen over time. **Your doctor can help you understand if you have this condition.**

Superficial venous reflux disease may cause the following **signs and symptoms** in your legs:

- **Varicose veins**
- **Aching**
- **Swelling**
- **Cramping**
- **Heaviness or tiredness**
- **Itching**
- **Restlessness**
- **Open skin sores**

VENOUS ANATOMY



MEET OUR PROVIDER:



Alfredo F. Gurmendi, M.D., F.A.C.S.

American Board Certified in Surgery and Thoracic Surgery

Dr. Alfredo Gurmendi is a diplomat of the American Board of Surgery and the American Board of Thoracic Surgery. He studied medicine at the University of Texas Medical School at Houston, and completed his residency in General Surgery at the Texas Medical Center. Much of that residency was spent at M.D. Anderson Cancer Center. He then went on to become the first Minimally Invasive Surgery Scholar at Boston University.

Dr. Gurmendi is also a member of the Society of Thoracic Surgeons; the Southern Thoracic Surgical Association; the New Mexico Medical Society; the Texas Medical Association and he is a Fellow of the American College of Surgeons.

Dr. Gurmendi has performed varicose vein treatments since 2006.

Specializes in Surgery of the Chest Wall, Lungs and Esophagus

- Pulmonary and Chest Wall Surgery for Cancer
- Minimally Invasive Esophageal, Thoracic and Foregut Surgery
- Video Assisted Thoracic Surgery
- Aortic and Peripheral Artery Aneurysms
- Advanced Laparoscopic Surgery for Hiatal Hernia
- Carotid Artery Disease
- Varicose Veins