
At Gerald Champion Regional Medical Center's Inpatient Rehabilitation Unit, you can **Recover Close to Home**. We are dedicated to helping people get past the hurdles of recovery and back to their lives, to work, family, active retirement, and independent living.

The Inpatient Rehabilitation Unit at Gerald Champion Regional Medical Center is designed to help you move through the "continuum of care" and to your discharge destination in the most medically appropriate and cost effective way based on your individual needs. We are dedicated to providing the care necessary to meet your medical, physical, psychological, and social needs in an environment that promotes wellness, confidence, and independence.

While in our hospital we encourage you to:

- Participate in daily care such as dressing and grooming

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- Join in individual and group leisure activities to help you resume normal activities
 - Eat meals with other clients in the dining room
 - Participate in an individualized therapy program

What Should I Bring?

We get dressed and participate in therapies and activities each day in the Inpatient Rehabilitation Unit, so you should bring the following items:

- Clothing (several changes of exercise clothing is a popular choice)
- Rubber-soled shoes
- Bathrobe and slippers
- Nightgown/Pajamas
- Toothbrush, toothpaste, etc.
- Grooming items such as shaving equipment, hair brushes, and make-up

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- Glasses and/or hearing aids
 - Assistive devices such as a walker

We encourage you to bring items that will make your stay with us comfortable. Please refrain from bringing expensive or irreplaceable items such as jewelry or large sums of money.

Family and/or friends will need to launder your clothing for you while you are with us.

Can I Have Visitors?

Visits from family and friends are encouraged, and their participation in your treatment and educational programs is recommended. Recommended visiting hours are 6 a.m. to 9 p.m. We respectfully request that visitors not interrupt your treatment schedule or rest breaks. We want you to receive the maximum benefit from the program.

Your Treatment Team

We subscribe to an interdisciplinary approach to your care. This means that everyone on our treatment team works together to ensure that you receive the best care and that we maximize your recovery. Your team includes, but is not limited to:

- Rehabilitation Nursing
- Physical Therapy
- Occupational Therapy
- Speech/Language Pathology
- Social Worker/Case Manager
- Physician
- Dietitian
- You and Your Family

Will Insurance Pay?

Medicare and most insurances pay for the rehabilitative services provided by the Inpatient Rehabilitation Unit at Gerald Champion Regional Medical Center. Some insurance plans will also cover your co-payment responsibility. A representative from the hospital can answer any questions you and your family may have about your benefits and coverages.



Inpatient Rehabilitation Unit

2669 N. Scenic Drive
Alamogordo, New Mexico 88310

We welcome you and your family to visit the Inpatient Rehabilitation Unit at Gerald Champion Regional Medical Center for a tour and to meet our team.

Please feel free to contact us at:

(575) 446-5534

if you have any questions, or simply ask your nurse to connect you with our Program Director.

Recover Close to Home



Inpatient Rehabilitation Unit
